

## From Your **DENTIST**



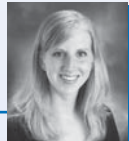
Dr. Renee Maikon



Dr. Amy Stodola



Jody Anderson  
Dental Hygienist



Stephanie Loberg  
Dental Hygienist



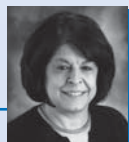
Krista Blocklinger  
Dental Hygienist



Kim Denny  
Dental Hygienist



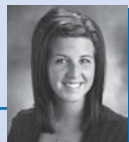
Brenda Buscher  
Dental Assistant



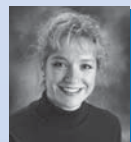
Teresa Haddad  
Dental Assistant



Tiffany Northway  
Dental Assistant



Katie Jensen  
Dental Assistant



Kim Brecht  
Dental Receptionist



Chelle Patterson  
Dental Receptionist

## Office Information

Family SmileCare Center, PLC  
1630 32nd St. NE  
Cedar Rapids, IA 52402  
Phone: 319-362-8657  
Fax: 319-362-1824  
email: [familysmilecarecenter@mchsi.com](mailto:familysmilecarecenter@mchsi.com)  
[www.familysmilecarecenter.com](http://www.familysmilecarecenter.com)

### Office Hours:

Monday-Thursday ..... 7am to 6pm



# Family SmileCare Center, PLC

Spring Newsletter 2015

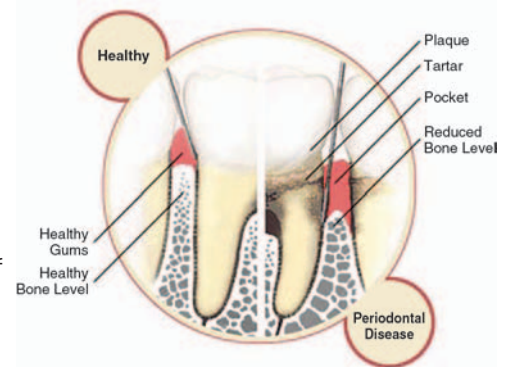
**Our Mission:** Helping you keep your smile for a lifetime.

## WHY WOULD YOU BE REFERRED TO A PERIODONTIST?

Your dental team determined that your gums require special care. Three main reasons for referral are: 1) deep pockets present making it difficult to maintain healthy gum tissue, 2) gums have receded from the crowns of the teeth and need grafting to cover the root structure, and 3) crown lengthening - where access to the edge of a cavity is below the gum line.

Periodontists are dentists who specialize in the diagnosis, treatment and prevention of gum disease. By referring you to a periodontist we are showing a strong commitment to optimal dental care.

To help you understand why the treatment might be needed, and how your teeth can be saved, this newsletter will answer some of the most frequently asked questions about periodontal (gum) therapy.



Periodontal disease is the major cause of about 70 percent of adult tooth loss, affecting three out of four persons at some point in life. The main cause of gum disease is bacterial plaque, a sticky, colorless film that constantly forms on our teeth. If the plaque is not removed, it hardens into a rough, porous deposit called calculus or tartar. Toxins produced by the bacteria in plaque irritate the gums and make them red, tender, swollen, and more likely to bleed. As the disease progresses, the toxins destroy supporting tissues around teeth, forming pockets that fill with more plaque. Bone that supports the teeth may be permanently damaged. Unless treated, the affected teeth can become loose and eventually lost.

Conscientious removal of plaque by brushing, flossing and professional cleanings can minimize the risks of gum disease. However, other factors can affect the health of your gums, such as hereditary factors, stress, diabetes, pregnancy, and declining medical health with increase in medications.

The periodontist will review your medical and dental history; examine your gums and radiographs before determining appropriate treatment. In the earlier stage of gum disease, most of the treatment involved is scaling and root planing, which means removing plaque and calculus in the pockets around the tooth and smoothing the root surfaces. Many times we can perform this step in our office before referring to a periodontist.

If pockets remain after scaling and root planing, making it difficult to maintain the supporting structures, then surgical treatment may be necessary. The goals of this treatment are to remove calculus from deep pockets, shrink the pockets, smooth root surfaces, and arrange gum tissue into a shape that will be easier to clean.

Gum disease is a life long battle. Just like any medical condition, our goal is to keep it under control. As you consider this health investment, keep in mind that treating gum disease is less costly - and better for your overall health - than replacing teeth lost to untreated gum disease.

Visit our website for other information about our office.  
[www.familysmilecarecenter.com](http://www.familysmilecarecenter.com)



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## News From Your Dentist



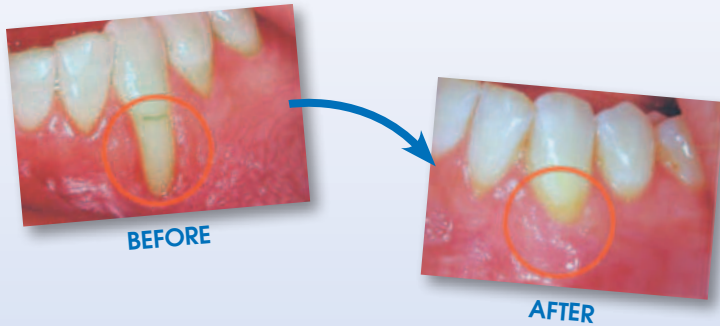
Dr. Renee Maikon



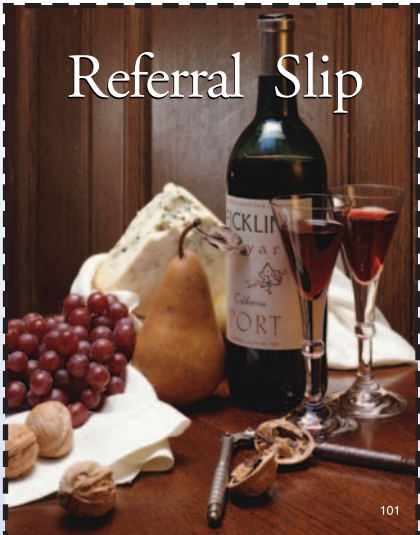
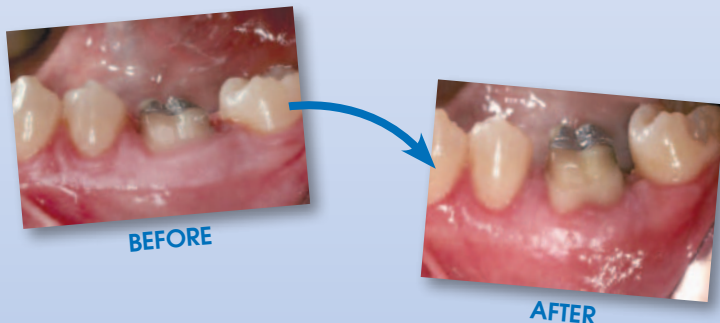
Dr. Amy Stodola

### CONTINUED FROM INSIDE - WHY WOULD YOU BE REFERRED TO A PERIODONTIST?

**2) Gingival (gum) grafting:** When there has been gingival recession that exposes the roots then grafting may be necessary. This procedure is very successful and will maintain the support of the root and prevent cavities on that surface.



**3) Crown lengthening:** When a cavity is below the level of the gum tissue it will be hard to make the final restoration, whether it be a crown or a filling, successful. The periodontist can make the crown or top of the tooth appear longer by removing the excess gum tissue for better access and stability.



We would like more patients like you. Please refer us to your family, friends & co-workers and we will THANK YOU with a gift.

Have them call for an appointment  
**362-8657**

After their first visit, we will contact you to choose:  
 \$50 toward your next dental visit or  
 \$50 to Biaggi's or Granite City or a  
 \$50 BP Gasoline card

To be eligible, the first visit must be a comprehensive exam and x-rays. Title XIX exclusions apply.

Thank you from  
 Family SmileCare Center!